

AN INVITATION

The ins and outs of infant care:

Meeting challenges in infants' sleeping and nutrition

Monday 30 January 2012, 17:30–20:45
Royal Society of Medicine, London

Dear colleague

On behalf of Pfizer Nutrition, I would like to invite you to join us for a scientific meeting:

The ins and outs of infant care:
Meeting challenges in infants' sleeping and nutrition

Monday 30 January 2012, 17:30–20:45
Royal Society of Medicine, London

This evening meeting, chaired by **Professor Alan Lucas** of the UCL Institute of Child Health and supported by a panel of expert speakers, aims to assist you in providing the best possible care for infants to ensure optimal health and nutrition.

A keynote lecture by Mandy Gurney, RGN and founder of Millpond Children's Sleep Clinic, will give an overview of children's sleep problems; why they arise; some of the commonly used techniques to improve infants' sleeping and how health visitors can help support families.

The second half of the meeting will focus on some current issues in infant nutrition. Results will be presented from a recent UK-wide study exploring the practical impact of the re-formulation of SMA First Infant Milk on infant digestion, along with supporting case studies. Discussions will focus on how these findings can be used to support parents who choose to use infant formula.

Places are limited so if you would like to attend this meeting, please register online at:
<http://ap.seeuthere.com/insandoutsofinfantcareLondon>.

We hope you are able to join us for what will be an informative and thought-provoking session.

Kind regards



Dr Arun Mistry MBChB MRCP(UK) DCH
European Medical Director, Pfizer Nutrition

 Pfizer Nutrition



The ins and outs of infant care:

Meeting challenges in infants' sleeping and nutrition

Date: Monday 30 January 2012
Venue: Royal Society of Medicine, London
Chair: Professor Alan Lucas
Director of MRC Childhood Nutrition Research Centre, UCL Institute of Child Health

Agenda: Arrivals and refreshments from 17:30

18:30	Chair's welcome and introduction	Professor Alan Lucas Director of MRC Childhood Nutrition Research Centre UCL Institute of Child Health
18:40	Keynote lecture Healthy sleep and sleep strategies for children <ul style="list-style-type: none">• Understanding children's sleep needs and how sleep deprivation impacts health• Common sleep problems and strategies for changing behaviour	Mandy Gurney Millpond Children's Sleep Clinic
19:20	Coffee	
19:30	Formulas for success <ul style="list-style-type: none">• The results from SMA's national survey – implications of changing a first milk	Dr Liz Greenstreet Pfizer Nutrition
19:50	Putting science into practice <ul style="list-style-type: none">• Case studies in infant constipation	Dr Jenny Gordon Programme Manager Evidence into Practice, Quality Standards and Innovation Unit Royal College of Nursing
20:35	Questions	All

