

PLEASE HAND TO YOUR GP ONCE COMPLETE

SMA® PRO Gold Prem 2: helping early arrivals thrive on their return home

Preterm infants require higher levels of protein, energy and other nutrients, compared to infants born at term, in order to achieve catch-up growth.

On discharge from hospital, a preterm infant may still have a **body weight** lower than the **birthweight** of a term infant¹

Post-discharge formulas have been designed specifically to meet the needs of preterm infants, who are not being breastfed, once they are at home.

SMA PRO Gold Prem 2 – a post-discharge formula – has been designed to meet the needs of preterm infants until they transition to a standard first infant formula:

- ✓ More protein, energy and other nutrients compared with standard formula to help promote catch-up growth¹
- ✓ The only post-discharge formula to contain a fat blend enriched with SN-2 palmitate
- ✓ Calcium and phosphorus for bone development²
- ✓ Omega 3 and 6 LCPs to support brain and eye development^{3,4}

For preterm infants who are formula fed on discharge, ESPGHAN recommends a post-discharge formula should be given until at least 40 weeks and possibly up to 52 weeks, post-conceptual age.¹

References:

1. Aggett PJ *et al.* J Pediatr Gastr Nutr 2006; 42: 596–603. 2. Koletzko B *et al.* Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines. Karger Medical and Scientific Publishers: 2014. 3. Carlson SE *et al.* Am J Clin Nutr 1993; 58: 35–42. 4. Hoffman DR *et al.* Am J Clin Nutr 1993; 57(suppl): 807S–812S.

IMPORTANT NOTICE: The World Health Organisation (WHO) has recommended that pregnant women and new mothers be informed on the benefits and superiority of breastfeeding – in particular the fact that it provides the best nutrition and protection from illness for babies. Mothers should be given guidance on the preparation for, and maintenance of, lactation, with special emphasis on the importance of a well-balanced diet both during pregnancy and after delivery. Unnecessary introduction of partial bottle-feeding or other foods and drinks should be discouraged since it will have a negative effect on breastfeeding. Similarly, mothers should be warned of the difficulty of reversing a decision not to breastfeed. Before advising a mother to use an infant formula, she should be advised of the social and financial implications of her decision: for example, if a baby is exclusively bottle-fed, more than one can (400 g) per week will be needed, so the family circumstances and costs should be kept in mind. Mothers should be reminded that breast milk is not only the best, but also the most economical food for babies. **These products must be used under medical supervision.**

- **SMA® PRO Gold Prem 1** is a special formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk.
- **SMA PRO Gold Prem 2** is a special catch-up formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk. It is a nutritionally complete formula for use on discharge from hospital or when a low birthweight formula is no longer appropriate. It is suitable for use as the sole source of nutrition up to 6 months corrected age. SMA Gold Prem 2 is not intended for use with newborn preterm babies, for whom fortified breast milk or a low birthweight formula is more appropriate.

ESPGHAN: European Society of Paediatric Gastroenterology, Hepatology and Nutrition.

SMA® Nutrition UK and Ireland

ZTC1564/10/16

Meeting your baby's nutritional needs in hospital

SMA® PRO Gold Prem 1 is available in 70 ml ready-to-use bottles.

SMA® PRO Gold Prem 2 is available in 90 ml ready-to-use bottles.



Helping your baby thrive at home

SMA PRO Gold Prem 2 is available on prescription in 200 ml bottle for use at home and 400 g cans of powder.



200 ml bottle
PIP code 371-0530
(1 x 200 ml)

400 g can
PIP code 345-3297
(1 x 400 g)

If you have any concerns about feeding your preterm baby, please speak to your healthcare professional.

For more information on **SMA® PRO Gold Prem range** visit:

www.smamums.co.uk or **www.smamums.ie** or call the **SMA Careline 'freephone' on 0800 081 81 80 (UK) or 1800 931 832 (ROI).**

IMPORTANT NOTICE: The best way to feed a baby is to breastfeed, as breast milk provides the ideal balanced diet and protection against illness for your baby and also many non-nutritional benefits for both baby and mother. We recommend that you speak to your healthcare professional when deciding on your choice of feeding your baby. Professional guidance should also be sought on the preparation for and maintenance of breastfeeding. If you do choose to breastfeed, it's important to eat a healthy, balanced diet. Infant formula is intended to replace breast milk when mothers choose not to breastfeed or if for some reason they are unable to do so. A decision not to breastfeed, or to introduce partial bottle-feeding, will reduce the supply of breast milk. If for any reason you choose not to breastfeed, do remember that such a decision can be difficult to reverse. Using infant formula also has social and financial implications which must be considered. Infant formula should always be prepared, used and stored as instructed on the label, in order to avoid risks to a baby's health. **These products must be used under medical supervision.**

- **SMA PRO Gold Prem 1** is a special formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk.
- **SMA PRO Gold Prem 2** is a special catch-up formula intended for the dietary management of preterm and low birthweight babies who are not solely fed breast milk. It is a nutritionally complete formula for use on discharge from hospital or when a low birthweight formula is no longer appropriate. It is suitable for use as the sole source of nutrition up to 6 months corrected age. SMA Gold Prem 2 is not intended for use with newborn preterm babies, for whom fortified breast milk or a low birthweight formula is more appropriate.

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FOR HEALTHCARE PROFESSIONALS TO GIVE TO PARENTS

Supporting your preterm and low birthweight baby's nutritional needs



This leaflet is for parents of babies born prematurely, who have been discharged from hospital with **SMA® PRO Gold Prem 2** – a formula designed specifically for preterm babies when they go home.

Specialist formulas for preterm babies are available on prescription from your GP. This leaflet includes a tear-off card which you can give to your GP when you visit, so they understand why your baby is receiving this formula.

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sma
nutrition

Meeting your baby's nutritional needs in hospital



Why does my baby need extra nutritional support?

The last 4 weeks of pregnancy are a very important period of growth and weight gain for your baby. Therefore, if born prematurely, your baby may weigh less than babies who were born at full-term.

Preterm babies require higher levels of protein, energy and other nutrients, compared to infants born at full-term, in order to achieve catch-up growth

Some full-term babies may be born with a low birthweight so will also need extra support.

Your baby will have been fed **SMA[®] PRO Gold Prem 1** in hospital to promote catch-up growth

Helping your baby thrive at home

How can I continue to support my baby at home?



On discharge from hospital, a preterm baby may still have a body weight lower than the **birthweight** of a baby who was born at full-term

When it's time for you to take your baby home, there may still be some catching up to do. To help with this, you'll be given a different post-discharge formula called **SMA[®] PRO Gold Prem 2**.

What is SMA PRO Gold Prem 2?



SMA PRO Gold Prem 2 is a nutritionally complete formula, specifically designed to meet the nutritional needs of preterm infants when they are discharged from hospital

Specially designed formulas for preterm infants at home are available on prescription, so you will need to visit your GP. To ensure that your baby continues to receive the specialist nutrition required, please give the tear-off section of this leaflet to your GP so they can prescribe **SMA PRO Gold Prem 2**.



PLEASE HAND TO YOUR GP ONCE COMPLETE

To be completed by a healthcare professional on baby's discharge from hospital; **once complete please hand to your GP.**

Information for GP – baby's details

| | |
|---|------|
| Baby's full name | |
| Name of parent/guardian | |
| Name of hospital where baby is being discharged from | |
| Discharge date | |
| Nutritional support recommended | |
| This baby has been discharged on SMA[®] PRO Gold Prem 2 – a post-discharge formula specially formulated to help promote catch-up growth in bottle-fed low birthweight/preterm infants on discharge from hospital. | |
| Upon discharge, the baby will have a limited supply of the product. See overleaf for more information on SMA PRO Gold Prem 2 . | |
| Yours sincerely | |
| Name & title of healthcare professional | Date |

If you have any questions with regard to prescribing **SMA PRO Gold Prem 2**, please contact the SMA Careline 'freephone' on 0800 081 81 80 (UK) or 1800 931 832 (ROI).

For more information on SMA Nutrition's complete product range:

Visit www.smahcp.co.uk or www.smahcp.ie or call the SMA Careline.

SMA PRO Gold Prem 2

is available from most pharmacies as:

®Registered Trademark



200 ml bottle
PIP code 371-0530
(1 x 200 ml)

400 g can
PIP code 345-3297
(1 x 400 g)