

Suitable for:

SMA® PRO Follow-on Milk is suitable for infants from 6 months onwards as part of a weaning and mixed diet. It provides increased levels of important nutrients, such as the minerals iron and zinc and the vitamins A and D, to meet infants' changing requirements at this stage.

SMA® PRO Follow-on Milk contains 2'FL.

Not suitable for:

1. Cows' milk protein intolerance.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® PRO Follow-on Milk powder has a shelf life of 24 months.

SMA® PRO Follow-on Milk liquid has a shelf life of 9 months.



INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

SMA® PRO FOLLOW-ON MILK

From 6 months + data card



- Halal Certified
- Contains 2'FL

IMPORTANT NOTICE: The World Health Organisation (WHO) recommends exclusive breastfeeding during the first 6 months of life and continued breastfeeding for as long as possible. **SMA® PRO Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



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INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Nutritional information for SMA® PRO Follow-on Milk (Information based on powder only)

	Units	Per 100 ml	Per 100 kcal	Per 100 g powder
Energy				
	kJ	281	419	2093
	kcal	67	100	500
Fat	g	3.3	4.9	24
of which, saturates	g	0.8	1.2	5.8
of which, unsaturates	g	2.2	3.4	17.1
Carbohydrate	g	8.2	12.3	61.5
of which, sugars	g	8.2	12.3	61.5
Fibre	g	0.03	0.037	0.19
Protein	g	1.1	1.7	8.5
Salt* (= Sodium x 2.5)	g	0.08	0.13	0.64
Vitamins				
Vitamin A	µg	62	92	460
Vitamin D	µg	1.7	2.5	12.5
Vitamin E	mg	1.4	2.1	10.5
Vitamin K	µg	5.1	7.6	38
Vitamin C	mg	12	18	90
Thiamin	mg	0.07	0.1	0.5
Riboflavin	mg	0.15	0.22	1.1
Niacin	mg	0.54	0.8	4
Vitamin B₆	mg	0.04	0.06	0.3
Folate (DFE)**	µg	20	30	150
Vitamin B₁₂	µg	0.19	0.3	1.4
Biotin	µg	1.74	2.6	13
Pantothenic acid	mg	0.43	0.64	3.2
Minerals				
Sodium	mg	34	51	255
Potassium	mg	91	136	680
Chloride	mg	48	72	360
Calcium	mg	66	98	490
Phosphorus	mg	40	60	300
Magnesium	mg	4.4	6.6	33
Iron	mg	0.9	1.3	6.6
Zinc	mg	0.5	0.7	3.6
Copper	mg	0.05	0.08	0.4
Manganese	mg	0.02	0.04	0.18
Fluoride	mg	≤0.01	≤0.012	≤0.06
Selenium	µg	3.5	5.2	26
Iodine	µg	14	21	105
Others				
2'-Fucosyllactose (2'FL)	mg	25	37	186
Omega 3				
α-linolenic acid (ALA) [†]	mg	46	68	340
Docosahexaenoic acid(DHA) ^{††}	mg	17	25	125
Omega 6				
Linoleic acid (LA) [†]	mg	509	760	3800

Typical fatty acid profile of SMA® PRO Follow-on Milk (Information based on powder only)

Fatty Acid		Units	Per 100 ml
Saturated			
Caprylic	C8:0	mg	45
Capric	C10:0	mg	45
Lauric	C12:0	mg	267
Myristic	C14:0	mg	98
Palmitic	C16:0	mg	178
Stearic	C18:0	mg	110
Behenic	C22:0	mg	16
Total saturated		g	0.759
Unsaturated/Monounsaturated			
Palmitoleic	C16:1	mg	4
Oleic	C18:1	mg	1674
Total monounsaturated		g	1.678
Polyunsaturated			
Linoleic	C18:2	mg	509
Linolenic	C18:3	mg	46
Arachidonic	C20:4	mg	1
Docosahexaenoic	C22:6	mg	17
Total polyunsaturated		g	0.573
Linoleic:linolenic ratio			11.1:1

Typical amino acid profile of SMA® PRO Follow-on Milk (Information based on powder only)

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Arginine	35
Cystine	22
Histidine	31
Isoleucine	68
Leucine	129
Lysine	99
Methionine	27
Phenylalanine	80
Threonine	60
Tryptophan	27
Tyrosine	45
Valine	64
Other Amino Acids	
Aspartic acid	109
Serine	60
Glutamic acid	222
Proline	89
Glycine	23
Alanine	46

mmol information for SMA® PRO Follow-on Milk (Information based on powder only)

Nutrient	Per 100 g powder (mmol)	Per 100 ml (mmol)
Calcium	12.26	1.638
Phosphate	9.686	1.298
Iron	0.118	0.016
Magnesium	1.358	0.182
Zinc	0.057	0.008
Sodium	11.092	1.486
Potassium	17.392	2.331
Chloride	10.154	1.361

SMA® PRO Follow-on Milk ingredients

Powder (400 g and 800 g): Lactose (**milk**), vegetable oils (sunflower, coconut, rapeseed), whey protein (**milk**), skimmed **milk**, whey permeate (**milk**), calcium citrate, emulsifier (**soya** lecithin), sodium phosphate, **fish** oil (DHA), potassium citrate, potassium chloride, acidity regulator (citric acid), L-phenylalanine, 2'-Fucosyllactose (2'FL), vitamin C, magnesium chloride, potassium phosphate, L-leucine, L-isoleucine, L-tryptophan, L-histidine, ferrous sulphate, antioxidants (tocopherol-rich extract, ascorbyl palmitate), zinc sulphate, vitamin E, niacin, pantothenic acid, copper sulphate, thiamin, vitamin A, riboflavin, vitamin B₆, manganese sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B₁₂.

Liquid (200 ml and 1 litre): Water, skimmed **milk**, lactose (**milk**), vegetable oils (sunflower, coconut, rapeseed), whey protein (**milk**), whey permeate (**milk**), calcium citrate, potassium citrate, **fish** oil (DHA), emulsifier (**soya** lecithin), calcium chloride, sodium phosphate, L-phenylalanine, potassium phosphate, 2'-Fucosyllactose (2'FL), acidity regulator (citric acid), vitamin C, L-isoleucine, L-leucine, magnesium citrate, sodium chloride, L-tryptophan, L-histidine, L-threonine, ferrous sulphate, L-valine, antioxidants (tocopherol-rich extract, ascorbyl palmitate), zinc sulphate, vitamin E, niacin, pantothenic acid, copper sulphate, vitamin A, thiamin, vitamin B₆, manganese sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B₁₂.

Scoop size: 4.5 g

Whey:Casein ratio: 60:40

Potential Renal Solute Load: 113 mOsm/l (powder)

Reconstitution rate: 13.5g powder/100ml water

Lactose: 61.5 g/100 g (powder)

Osmolality: 325 mOsm/kg H₂O (powder)

Osmolarity: 293 mOsm/L

*Salt is calculated as sodium x 2.5.

Sodium is present for nutritional purposes.

†Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.

††LCPs = Long Chain Polyunsaturates.

**DFE = Dietary Folate Equivalent: 1 µg DFE = 1 µg food folate = 0.6µg folic acid from formula