

Suitable for:

SMA® Organic Follow-on Milk is suitable for infants from 6 months onwards as part of a weaning and mixed diet. It provides important nutrients, such as the minerals iron and zinc and the vitamins A and D, to meet infants' changing requirements at this stage.

SMA® Organic Follow-on Milk is certified organic and meets strict EU Organic requirements.

Not suitable for:

1. Cows' milk protein intolerance/allergy.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® Organic Follow-on Milk powder has a shelf life of 18 months.



800 g

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

SMA® ORGANIC FOLLOW-ON MILK

From 6 months+ data card



- Certified organic
- Halal certified

IMPORTANT NOTICE: The World Health Organisation (WHO) has recommended that pregnant women and new mothers be informed on the benefits and superiority of breastfeeding – in particular the fact that it provides the best nutrition and protection from illness for babies. Mothers should be given guidance on the preparation for, and maintenance of, lactation, with special emphasis on the importance of a well-balanced diet both during pregnancy and after delivery. Unnecessary introduction of partial bottle-feeding or other foods and drinks should be discouraged since it will have a negative effect on breastfeeding. Similarly, mothers should be warned of the difficulty of reversing a decision not to breastfeed. Before advising a mother to use an infant formula, she should be advised of the social and financial implications of her decision: for example, if a baby is exclusively bottle-fed, more than one can (400 g) per week will be needed, so the family circumstances and costs should be kept in mind. Mothers should be reminded that breast milk is not only the best, but also the most economical food for babies. **SMA® Organic Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



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Nutritional information for SMA® Organic Follow-on Milk

	Units	Per 100 ml	Per 100 kcal	Per 100 g powder
Energy				
	kJ	281	419	2094
	kcal	67	100	500
Fat	g	3.2	4.8	24.2
of which, saturates	g	0.3	0.4	2.1
of which, unsaturates	g	2.9	4.4	22.1
Carbohydrate	g	8.1	12	60.4
of which, sugars	g	5.7	8.5	42.4
Protein	g	1.35	2	10
Vitamins				
Vitamin A	µg	59	88	440
Vitamin D	µg	1.7	2.5	12.4
Vitamin E	mg	1.3	2	10
Vitamin K	µg	5.1	7.6	38
Vitamin C	mg	12	18	90
Thiamin	mg	0.07	0.1	0.6
Riboflavin	mg	0.15	0.2	1.2
Niacin	mg	0.56	0.8	4.2
Vitamin B₆	mg	0.04	0.07	0.3
Folate	µg	20.1	30	150
Vitamin B₁₂	µg	0.19	0.29	1.5
Biotin	µg	1.74	2.6	13
Pantothenic acid	mg	0.43	0.6	3.2
Minerals				
Sodium	mg	27	40	200
Potassium	mg	88	132	660
Chloride	mg	50	74	370
Calcium	mg	58	87	435
Phosphorus	mg	32	48	240
Magnesium	mg	5.4	8	40
Iron	mg	0.87	1.3	6.5
Zinc	mg	0.54	0.8	4
Copper	mg	0.05	0.08	0.4
Manganese	mg	0.02	0.03	0.2
Fluoride	mg	≤0.01	≤0.01	≤0.06
Selenium	µg	3.4	5	25
Iodine	µg	14	21	104
Others				
Omega 3				
α-linolenic acid (ALA) [†]	mg	46	68	340
Docosahexaenoic acid (DHA) ^{††}	mg	16.8	25	125
Omega 6				
Linoleic acid (LA) [†]	mg	476	710	3550

Theoretical fatty acid profile of SMA® Organic Follow-on Milk

Fatty Acid		Units	Per 100 ml
Saturated			
Caprylic	C8:0	mg	–
Capric	C10:0	mg	–
Lauric	C12:0	mg	–
Myristic	C14:0	mg	2.2
Palmitic	C16:0	mg	144
Stearic	C18:0	mg	85
Arachidic	C20:0	mg	9.7
Behenic	C22:0	mg	21.9
Total saturated		g	0.3
Unsaturated/Monounsaturated			
Palmitoleic	C16:1	mg	6.1
Oleic	C18:1	mg	2084
Eicosenoic	C20:1	mg	12.9
Total monounsaturated		g	2.2
Polyunsaturated			
Linoleic	C18:2	mg	476
Linolenic	C18:3	mg	46
Arachidonic	C20:4	mg	1.5
Docosahexaenoic	C22:6	mg	16.8
Total polyunsaturated		g	0.6
Linoleic: linolenic		ratio	10:1

Theoretical amino acid profile of SMA® Organic Follow-on Milk

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Arginine	44
Cystine	22
Histidine	32
Isoleucine	76
Leucine	141
Lysine	118
Methionine	35
Phenylalanine	66
Threonine	75
Tryptophan	24
Tyrosine	58
Valine	84
Other Amino Acids	
Aspartic acid	125
Serine	74
Glutamic acid	281
Proline	123
Glycine	26
Alanine	56

SMA® Organic Follow-on Milk Ingredients

Powder (800 g): Organic skimmed **milk**, organic lactose (**milk**), organic vegetable oils (sunflower, rapeseed), organic maltodextrin, organic whey protein (**milk**), minerals (calcium citrate, potassium chloride, potassium citrate, sodium citrate, sodium phosphate, magnesium citrate, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenate), **fish** oil (DHA), emulsifier (Organic **soya** lecithin), vitamins (C, E, niacin, pantothenic acid, thiamin, A, B₆, folic acid, K, D, biotin, B₁₂), L-phenylalanine, L-tryptophan, antioxidant (tocopherol-rich extract).

Scoop size: 4.5 g

Whey: Casein ratio: 50:50

Potential Renal Solute Load: 136 mOsm/L (powder)

Reconstitution rate: 13.5 g powder/100 ml water

Lactose: 42 g/100 g powder

Osmolality: 236 mOsm/kg H₂O (powder)

Osmolarity: 212 mOsm/L (powder)



CH-BIO-004
EU/non-EU agriculture

[†] Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.

^{††} LCPs = Long Chain Polyunsaturates.