

**Suitable for:**

**SMA Gold Prem® H-Drops** is a nutritionally incomplete (liquid) food for special medical purposes for premature, low birthweight infants, from birth until hospital discharge. It contains 2'FL and LNnT (10:1).

**SMA GOLD PREM® H-Drops** is proven to be safe and well tolerated<sup>1</sup> in preterm babies and can be used in preterm babies who are breast fed and/or formula fed. It can be administered enterally whilst a patient is receiving parenteral nutrition<sup>1</sup>.

Evidence showed that using **SMA GOLD PREM® H-Drops** reduced time to reach full enteral feeding. **Average time to reach full enteral feeding was 2 days faster<sup>1</sup>.**

**SMA GOLD PREM® H-Drops** is a nutritionally incomplete Food for Special Medical Purposes. For hospital use only under medical supervision.

**Not suitable for:**

1. It is NOT a breastmilk substitute
2. It is NOT suitable as sole source of nutrition.
3. It is NOT considered a complete food for special medical purposes.

**Shelf life:**

**SMA Gold Prem® H-Drops** has a shelf life of 24 months.



**INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY**

**SMA GOLD PREM® H-DROPS**

**For the dietary management of preterm low birthweight infants**



- Suitable for vegetarians
- Suitable for Halal diet
- For enteral use only

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(2'FL & LNnT), structurally identical human milk oligosaccharides, not sourced from breast milk.



**IMPORTANT NOTICE:** The World Health Organisation (WHO) has recommended that pregnant women and new mothers be informed on the benefits and superiority of breastfeeding – in particular the fact that it provides the best nutrition and protection from illness for babies. Mothers should be given guidance on the preparation for, and maintenance of, lactation, with special emphasis on the importance of a well-balanced diet both during pregnancy and after delivery. Unnecessary introduction of partial bottle-feeding or other foods and drinks should be discouraged since it will have a negative effect on breastfeeding. Similarly, mothers should be warned of the difficulty of reversing a decision not to breastfeed. Before advising a mother to use an infant formula, she should be advised of the social and financial implications of her decision: for example, if a baby is exclusively bottle-fed, more than one can (400 g) per week will be needed, so the family circumstances and costs should be kept in mind. Mothers should be reminded that breast milk is not only the best, but also the most economical food for babies. If a decision to use a formula is taken, it is important to give instructions on correct preparation methods, emphasising that unboiled water, unsterilised bottles or incorrect dilution can all lead to illness. **This product must be used under medical supervision. SMA Gold Prem® H-Drops** is an incomplete food for special medical purposes especially designed for the dietary management of preterm low birthweight infants. It is not a breast milk substitute.

**sma**<sup>®</sup> **nutrition careline** **UK 0800 081 81 80**  
[www.smahcp.co.uk](http://www.smahcp.co.uk)  
**ROI 1800 931 832**  
[www.smahcp.ie](http://www.smahcp.ie)

SMA Nutrition, 1 City Place, Gatwick, RH6 0PA  
 In the Republic of Ireland: SMA Nutrition, 3030 Lake Drive, Citywest Business Campus, Dublin 24, Ireland

## INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

### Nutritional information for SMA Gold Prem® H-Drops liquid

	Units	Per 100 ml	Per 1.9 ml
<b>Energy</b>	kJ	92	1.8
<b>Fat</b>	g	Nil	Nil
of which, saturates	g	Nil	Nil
<b>Carbohydrate</b>	g	0.5	0.01
of which, sugars	g	0.5	0.01
<b>Fibre</b>	g	10	0.19
<b>2'-Fucosyllactose (2'FL)</b>	g	9.1	0.173
<b>Lacto-N-Neotetraose (LNnT)</b>	g	0.9	0.017
<b>Protein</b>	g	Nil	Nil
<b>Salt (= Sodium x 2.5)</b>	g	0.05	Nil

### How is it stored?

Store at room temperature (max 25°C) In a dry, cool place. Ampoules should only be removed from the pouch immediately before administration.

### Feed Preparation

- Each feeding device (syringe or ampoule) must be prepared individually just before feeding:
    - Carefully tear the blister and take one ampoule. Twist and pull cap to open the ampoule.
    - Using a syringe, measure the required quantity of **SMA GOLD PREM® H-DROPS**
  - Feed immediately either directly into the mouth or through enteral Feeding tube.
- Not to be given with feed and/or medications.
- Discard all unfinished quantities of **SMA GOLD PREM® H-DROPS** and/or syringe after each use/feed.
  - Opened ampoule should be used immediately or discarded.

**WARNING:** Always wash hands and sterilize feeding devices before preparing baby's feed. Feed immediately and follow instructions exactly.

### Feeding Guide

The following amount is given as a guide based on the body weight of the preterm low birthweight infant and may be changed based on medical recommendation. The daily dose has to be given as a minimum of 3 equal feedings per day (i.e. every 8 hours).

Approx. Weight of Baby	2'FL, LNnT per day	SMA GOLD PREM® H-DROPS per day
(kg)	(g)	(ml)
0.5-1	0.19	1.9 (=0.63 ml x 3 per day)
1-1.5	0.38	3.8 (=1.27 ml x 3 per day)
1.5-2	0.57	5.7 (=1.9 ml x 3 per day)
2-2.5	0.76	7.6 (=2.5 ml x 3 per day)
2.5-3	0.95	9.5 (= 3.2 ml x 3 per day)

### SMA GOLD PREM® H-Drops ingredients

Water, 2'-Fucosyllactose (2'FL) (from lactose (**milk**)), Lacto-N-Neotetraose (LNnT) (from lactose (**milk**)), acidity regulator (sodium phosphate).

**Osmolality:** 275 mOsmol/kg H<sub>2</sub>O

### References

- Hascoet JM et al, Abstract presented at WCPGHAN 2021