

Suitable for:

SMA® PRO Growing Up Milk is a fortified milk drink for young children from 12 months onwards as part of a mixed diet.

SMA® PRO Growing Up Milk contains vitamin D and calcium to support the normal growth and development of bones. Omega 3 & 6† and iodine to help support normal growth.

SMA® PRO Growing Up Milk contains 2'FL.

Not suitable for:

1. Cows' milk protein intolerance.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® PRO Growing Up Milk liquid has a shelf life of 24 months.



200ml

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATA CARD
SMA® PRO
GROWING UP MILK

From 1 year +



- Halal Certified
- Contains 2'FL
- Suitable for vegetarians

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organizations recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognize that breastfeeding is not always an option for parents. We recommend healthcare professionals to inform parents about the advantages of breastfeeding. If parents consider not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **SMA® PRO Growing Up Milk** is suitable for young children from 1-3 years, as part of a healthy balanced diet and it is not a breast milk substitute.



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www.smahcp.co.uk
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In the Republic of Ireland: SMA Nutrition, 3030 Lake Drive, Citywest Business Campus, Dublin 24, Ireland



Nutritional information for SMA® PRO Growing Up Milk
(Information based on liquid only)

	Units	Per 100 ml	Per 100 kcal
Energy			
	kJ	262	418
	kcal	63	100
Fat			
	g	3.1	5
of which, saturates	g	0.7	1.1
of which, unsaturates	g	2.1	3.9
Carbohydrate			
	g	7.7	12.3
of which, sugars	g	4.7	7.6
of which, lactose	g	4.6	7.4
Protein			
	g	1	1.5
Salt* (=Sodium x 2.5)			
	g	0.09	0.13
Vitamins			
Vitamin A	µg	60	96
Vitamin D	µg	1.05	1.7
Vitamin C	mg	15	24
Riboflavin	mg	0.28	0.5
Vitamin B₁₂	µg	0.41	0.7
Minerals			
Calcium	mg	117	186
Iron	mg	1.2	1.9
Zinc	mg	0.75	1.2
Iodine	µg	20	31
Others			
2'-Fucosyllactose	mg	25	40
Omega 3 & 6			
α-linolenic acid (ALA) [†]	mg	93	148
Linoleic acid (LA) [†]	mg	495	791

**INFORMATION FOR HEALTHCARE
PROFESSIONAL USE ONLY**

Theoretical fatty acid profile of SMA® PRO Growing Up Milk
(Information based on liquid)

Fatty Acid		Units	Per 100 ml
Saturated			
Caprylic	C8:0	mg	10.5
Capric	C10:0	mg	22.5
Lauric	C12:0	mg	27.5
Myristic	C14:0	mg	93
Palmitic	C16:0	mg	363
Stearic	C18:0	mg	180
Arachidic	C20:0	mg	13.5
Butyric	C4:0	mg	29.5
Total saturated		g	0.7
Unsaturated/Monounsaturated			
Palmitoleic	C16:1	mg	24
Oleic	C18:1	mg	1650
Total monounsaturated		g	1.5
Polyunsaturated			
Linoleic	C18:2	mg	495
Linolenic	C18:3	mg	93
Total polyunsaturated		g	1.29
Linoleic:linolenic ratio			5.3:1

Theoretical amino acid profile of SMA® PRO Growing Up Milk
(Information based on liquid)

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Arginine	36
Cystine	11
Histidine	29
Isoleucine	45
Leucine	107
Lysine	82
Methionine	32
Phenylalanine	55
Threonine	44
Tryptophan	15
Tyrosine	55
Valine	70
Other Amino Acids	
Aspartic acid	89
Serine	68
Glutamic acid	242
Proline	110
Glycine	22
Alanine	40

SMA® PRO Growing Up Milk ingredients

Liquid: Water, skimmed milk, whey permeate (**milk**), vegetable oils (rapeseed, sunflower), cream (**milk**), maltodextrin, corn starch, lactose (**milk**), calcium citrate, emulsifier (**soya** lecithin), acidity regulator (potassium citrate), calcium phosphate, sodium phosphate, calcium chloride, 2' Fucosyllactose (2'FL), vitamin C, thickener (carrageenan), ferrous sulphate, zinc sulphate, antioxidants (tocopherol-rich extract, ascorbyl palmitate), riboflavin, vitamin A, potassium iodide, vitamin D, vitamin B₁₂.

Halal Certified

Whey: Casein ratio: 23:77

Potential Renal Solute Load: 137.3 mOsm/l (liquid)

Osmolality: 233 mOsm/kg H₂O (liquid)

Osmolarity: 210 mOsm/L

*Salt is calculated as sodium x 2.5.

Sodium is present for nutritional purposes.

[†]Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.