

**Suitable for:**

**SMA® PRO Follow-on Milk** is suitable for infants from 6 months onwards as part of a weaning and mixed diet. It provides increased levels of important nutrients, such as the minerals iron and zinc and the vitamins A and D, to meet infants' changing requirements at this stage.

**SMA® PRO Follow-on Milk** contains 2'FL.

**Not suitable for:**

1. Cows' milk protein intolerance.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

**Shelf life:**

**SMA® PRO Follow-on Milk** powder has a shelf life of 24 months.



800 g  
400 g

**INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY**

**DATA CARD**  
**SMA® PRO**  
**FOLLOW-ON MILK**

**From 6 months+**



- Halal Certified
- Contains 2'FL

**IMPORTANT NOTICE:** We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organizations recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognize that breastfeeding is not always an option for parents. We recommend healthcare professionals to inform parents about the advantages of breastfeeding. If parents consider not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **SMA® PRO Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



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## INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

### Nutritional information for SMA® PRO Follow-on Milk (Information based on powder only)

	Units	Per 100 ml	Per 100g	Per 100kcal
<b>Energy</b>				
	kJ	280	2092	418
	kcal	67	500	100
<b>Fat</b>	g	3.3	24.4	4.9
of which, saturates	g	0.3	2.5	0.5
of which, unsaturates	g	3	21.9	4.4
<b>Carbohydrate</b>	g	8.2	61.5	12.3
of which, sugars	g	8.2	61.5	12.3
of which, lactose	g	8.2	61.5	12.3
<b>Protein</b>	g	1.1	8.5	1.7
<b>Salt* (= Sodium x 2.5)</b>	g	0.09	0.6	0.1
<b>Vitamins</b>				
<b>Vitamin A</b>	µg	62	460	92
<b>Vitamin D</b>	µg	1.7	12.5	2.5
<b>Vitamin E</b>	mg	1.8	13.4	2.7
<b>Vitamin K</b>	µg	5.1	38	7.6
<b>Vitamin C</b>	mg	12.5	90	18.6
<b>Thiamin</b>	mg	0.07	0.5	0.1
<b>Riboflavin</b>	mg	0.15	1.1	0.2
<b>Niacin</b>	mg	0.54	4	0.8
<b>Vitamin B<sub>6</sub></b>	mg	0.04	0.3	0.06
<b>Folate (DFE)**</b>	µg	19	140	28
<b>Vitamin B<sub>12</sub></b>	µg	0.2	1.3	0.3
<b>Biotin</b>	µg	1.74	13	2.6
<b>Pantothenic acid</b>	mg	0.43	3.2	0.64
<b>Minerals</b>				
<b>Sodium</b>	mg	34	255	51
<b>Potassium</b>	mg	88	660	132
<b>Chloride</b>	mg	48	360	72
<b>Calcium</b>	mg	66	490	98
<b>Phosphorus</b>	mg	40	300	60
<b>Magnesium</b>	mg	4.4	33	6.6
<b>Iron</b>	mg	0.9	6.6	1.3
<b>Zinc</b>	mg	0.5	3.6	0.7
<b>Copper</b>	mg	0.05	0.4	0.08
<b>Manganese</b>	mg	0.02	0.18	0.04
<b>Fluoride</b>	mg	≤ 0.01	0.06	0.01
<b>Selenium</b>	µg	3.5	26	5.2
<b>Iodine</b>	µg	14	105	21
<b>Others</b>				
<b>2'-Fucosyllactose (2'FL)</b>	mg	25	186	36
<b>Omega 3</b>				
α-linolenic acid (ALA) <sup>†</sup>	mg	46	340	68
Docosahexaenoic acid(DHA) <sup>††</sup>	mg	17	125	25
<b>Omega 6</b>				
Linoleic acid (LA) <sup>†</sup>	mg	509	3800	760

### Typical fatty acid profile of SMA® PRO Follow-on Milk (Information based on powder only)

Fatty Acid		Units	Per 100 ml
<b>Saturated</b>			
<b>Palmitic</b>	C16:0	mg	152
<b>Stearic</b>	C18:0	mg	86
<b>Total saturated</b>		g	0.3
<b>Unsaturated/Monounsaturated</b>			
<b>Oleic</b>	C18:1	mg	2078
<b>Total monounsaturated</b>		g	2.1
<b>Polyunsaturated</b>			
<b>Linoleic</b>	C18:2	mg	509
<b>Linolenic</b>	C18:3	mg	46
<b>Docosahexaenoic acid</b>	C22:6	mg	17
<b>Total polyunsaturated</b>		g	0.60
<b>Linoleic:linolenic ratio</b>			11.5:1

### Typical amino acid profile of SMA® PRO Follow-on Milk (Information based on powder only)

Amino Acid	mg per 100 ml
<b>Essential &amp; Semi-Essential Amino Acids</b>	
<b>Arginine</b>	34
<b>Cystine</b>	21
<b>Histidine</b>	31
<b>Isoleucine</b>	67
<b>Leucine</b>	127
<b>Lysine</b>	98
<b>Methionine</b>	26
<b>Phenylalanine</b>	80
<b>Threonine</b>	60
<b>Tryptophan</b>	27
<b>Tyrosine</b>	44
<b>Valine</b>	63
<b>Other Amino Acids</b>	
<b>Aspartic acid</b>	108
<b>Serine</b>	60
<b>Glutamic acid</b>	220
<b>Proline</b>	87
<b>Glycine</b>	23
<b>Alanine</b>	46

## SMA® PRO Follow-on Milk ingredients

**Powder (400 g and 800 g):** Lactose (**milk**), vegetable oils (sunflower, rapeseed), whey protein (**milk**), skimmed **milk**, whey permeate (**milk**), calcium citrate, emulsifier (**soya** lecithin), sodium phosphate, DHA (**fish** oil), potassium citrate, potassium chloride, acidity regulator (citric acid), L-phenylalanine, 2'-Fucosyllactose (2'FL), vitamin C, magnesium chloride, potassium phosphate, L-leucine, L-isoleucine, L-tryptophan, L-histidine, ferrous sulphate, antioxidants (tocopherol-rich extract, ascorbyl palmitate), zinc sulphate, vitamin E, niacin, pantothenic acid, copper sulphate, thiamin, vitamin A, riboflavin, vitamin B<sub>6</sub>, manganese sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B<sub>12</sub>.

**Scoop size:** 4.5 g (4.467g)

**Whey:Casein ratio:** 60:40

**Potential Renal Solute Load:** 129mOsm/l (powder)

**Reconstitution rate:** 13.5g powder/100 ml water

**Lactose:** 8.2 g/100 ml and 61.5g/100g of powder

**Osmolality:** 325 mOsm/Kg H<sub>2</sub>O (powder)

**Osmolarity:** 293 mOsm/L (powder)

\* Salt is calculated as sodium x 2.5.

Sodium is present for nutritional purposes.

†Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.

††LCP= Long Chain Polyunsaturated fatty acids.

\*\*DFE = Dietary Folate Equivalent: 1 µg DFE = 1µg food folate = 0.6µg folic acid from formula