

Suitable for:

SMA® ADVANCED FOLLOW-ON MILK is for infants from 6 months onwards as part of a varied weaning diet. It provides increased levels of important nutrients, such as the minerals like iron to meet infants' changing requirements at this stage.

SMA® ADVANCED FOLLOW-ON MILK is the first follow-on milk to contain our unique clinically proven blend of 5 HMOs (2'FL, DFL, LNT, 3'SL, 6'SL), supports age appropriate growth, immune health and gut health¹.

It contains zinc and vitamins A, C and D to help support the normal function of babies immune system²⁻⁴.

SMA® ADVANCED FOLLOW-ON MILK contains 100% whey, partially hydrolysed protein which helps to accelerate gastric emptying and helps with softer stools⁵.

Not suitable for:

1. Cows' milk protein intolerance/allergy.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® ADVANCED FOLLOW-ON MILK powder has a shelf life of 24 months.



800 g

REFERENCES: 1. Boshuys, M., Tokodi, I., Krasnow, A., Pedersen, H. K., Lukianenko, O., Eldund, A. C., Grathwohl, D., Springer, N., Berger, B., Cergamondi, C. L., & 5 HMO Study Investigator Consortium (2022). Infant Formula With a Specific Blend of Five Human Milk Oligosaccharides Drives the Gut Microbiota Development and Improves Gut Maturation Markers: A Randomized Controlled Trial. *Frontiers in Nutrition*, 9, 920362. 2. EFSA Panel on Dietetic Products, Nutrition and Allergies (NDA). (2014). Scientific Opinion on the substantiation of a health claim related to zinc and normal function of the immune system pursuant to Article 14 of Regulation (EC) No 1924/2006. *EFSA Journal*, 12(5), 3653. 3. Mora, J., et al. Vitamin Effects on the Immune System: Vitamins A and D Take Centre Stage. *Nat Rev Immunol* 2008; 8(9): 685-98. 4. EFSA Panel on Dietetic Products, Nutrition and Allergies (NDA). (2015). Vitamin C and contribution to the normal function of the immune system: evaluation of a health claim pursuant to Article 14 of Regulation (EC) No 1924/2006. *EFSA Journal*, 13(11), 4298. 5. Czerkies LA, et al. A Pooled Analysis of Growth and Tolerance of Infants Exclusively Fed Partially Hydrolyzed Whey or Intact Protein-Based Infant Formulas. *Int J Pediatr* 2018; 2018: 4969576

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATA CARD
SMA® ADVANCED FOLLOW-ON MILK

From 6 months +



Contains 2'FL, DFL, LNT, 3'SL, 6'SL

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognise that breastfeeding is not always an option for parents. We recommend that healthcare professionals inform parents about the advantages of breastfeeding. If parents choose not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. **SMA® ADVANCED Follow-on Milk** is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.



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Nutritional information for SMA® ADVANCED FOLLOW-ON MILK

	Units	Per 100 ml	Per 100g	Per 100kcal
Energy				
	kJ	280	2050	418.4
	kcal	67	490	100
Fat				
	g	3.2	23.3	4.8
of which, saturates	g	0.3	2.3	0.5
of which, unsaturates	g	2.1	19.3	3.94
Omega 3:				
α-linolenic acid (ALA) [†]	mg	40	295	60
Docosahexaenoic acid (DHA) ^{††}	mg	17	123	25
Omega 6:				
Linoleic acid (LA) [†]	mg	472	3450	704
Arachidonic acid (AA) ^{††}	mg	17	123	25
Carbohydrate				
	g	8.3	60.6	12.4
of which, sugars (lactose)	g	8.3	60.6	12.4
Fibre				
of which	g	0.05	0.35	0.07
2'-Fucosyllactose (2'FL)	mg	29	213	43
Difucosyllactose (DFL)	mg	4	29	6
Lacto-N-Tetraose (LNT)	mg	9.6	70	14
3'-Sialyllactose (3'SL)	mg	1	7	1
6'-Sialyllactose (6'SL)	mg	4.5	33	7
Protein				
	g	1.27	9.3	1.9
Salt (= Sodium x 2.5)				
	g	0.06	0.5	0.09
Vitamins				
Vitamin A	µg	57	420	86
Vitamin D	µg	1.7	12.3	2.5
Vitamin E	mg	1.6	11.7	2.4
Vitamin K	µg	5.1	37	7.5
Vitamin C	mg	9.6	70	14.3
Thiamin	mg	0.07	0.5	0.1
Riboflavin	mg	0.15	1.1	0.2
Niacin	mg	0.63	4.6	0.9
Vitamin B₆	mg	0.05	0.4	0.07
Folate (DFE)*	µg	21	151	30.8
Vitamin B₁₂	µg	0.18	1.3	0.3
Biotin	µg	1.74	12.7	2.6
Pantothenic acid	mg	0.74	5.4	1.1
Minerals				
Sodium	mg	25	185	38
Potassium	mg	75	550	112
Chloride	mg	67	488	99.6
Calcium	mg	69	504	103
Phosphorus	mg	41	300	61
Magnesium	mg	6.8	50	10
Iron	mg	1	7.3	1.5
Zinc	mg	0.48	3.5	0.7
Copper	mg	0.05	0.4	0.07
Manganese	mg	0.01	91	18.6
Fluoride	mg	<0.01	<0.06	<0.01
Selenium	µg	3.6	26.6	36.4
Iodine	µg	13.4	98	20

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Theoretical fatty acid profile of SMA® ADVANCED FOLLOW-ON MILK

Fatty Acid		Units	Per 100 ml
Saturated			
Palmitic	C16:0	mg	162
Stearic	C18:0	mg	94
Total saturated		g	0.3
Unsaturated/Monounsaturated			
Oleic	C18:1	mg	2044
Total monounsaturated		g	2.1
Polyunsaturated			
Linoleic	C18:2	mg	472
Linolenic	C18:3	mg	40
Total polyunsaturated		g	0.6

Theoretical amino acid profile of SMA® ADVANCED FOLLOW-ON MILK

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Arginine	67
Cystine	36
Histidine	39
Isoleucine	74
Leucine	155
Lysine	128
Methionine	30
Phenylalanine	44
Threonine	76
Tryptophan	26
Tyrosine	58
Valine	68
Other Amino Acids	
Aspartic acid	146
Serine	56
Glutamic acid	223
Proline	64
Glycine	23
Alanine	63

SMA® ADVANCED FOLLOW-ON MILK ingredients

Powder (800 g): Lactose (**MILK**), vegetable oils (sunflower, rapeseed), partially hydrolysed whey protein (**MILK**), minerals (calcium phosphate, calcium chloride, magnesium chloride, potassium citrate, potassium chloride, sodium citrate, ferrous sulphate, sodium chloride, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenate), DHA (**FISH** oil), Mortierella alpina oil (AA), 2'-Fucosyllactose/ Difucosyllactose mixture (2'FL/DFL), L-arginine, vitamins (C, pantothenic acid, E, niacin, riboflavin, thiamin, A, B₆, folic acid, K, biotin, D, B₁₂), Lacto-N-tetraose (LNT), L-histidine, L-tyrosine, 6'-Sialyllactose sodium salt (6'SL), antioxidants (tocopherol-rich extract, ascorbyl palmitate), 3'-Sialyllactose sodium salt (3'SL).

Scoop size: 4.6 g (4.558g)

Whey:Casein ratio: 100:0

Potential Renal Solute Load: 14.9 mOsm/100kcal (powder)

Reconstitution rate: 13.7 g powder/100 ml water

Lactose: 61 g/100 g powder

Osmolality: 352 mOsm/Kg H₂O (powder)

Osmolarity: 316 mOsm/L (powder)

[†]Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α-linolenic acid.

^{††}LCP= Long Chain Polyunsaturate.

*DFE - Dietary Folate Equivalent: 1 µg DFE = 1 µg food folate = 0.6 µg folic acid from formula.