Suitable for:

SMA® PRO Follow-on Milk is suitable for infants from 6 months onwards as part of a varied weaning diet. It provides important nutrients, such as the minerals iron and zinc and the vitamins A and D, to meet infants' changing requirements at this stage.

SMA® PRO Follow-on Milk contains 2'FL.

Not suitable for:

- 1. Cows' milk protein intolerance.
- 2. Lactose intolerance.
- 3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® PRO Follow-on Milk liquid has a shelf life of 12 months.



INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATACARD SMA® PRO FOLLOW-ON MILK

From 6 months+



Halal CertifiedContains 2'-FL



IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organizations recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognize that breastfeeding is not always an option for parents. We recommend healthcare professionals to inform parents about the advantages of breastfeeding. If parents consider not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Infant formula and complementary foods should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. SMA® PRO Follow-on Milk is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs..



SMA Nutrition, 1 City Place, Gatwick, RH6 0PA In the Republic of Ireland: SMA Nutrition, 3030 Lake Drive, Citywest Business Campus, Dublin 24, Ireland

Updated January 2024 ®Reg. Trademark of Société des Produits Nestlé S.A.

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

Nutritional information for SMA® PRO Follow-on Milk (Information based on liquid only)

	Units	Per 100 ml	Per 100kcal
Energy	kJ	280	418
	kcal	67	100
Fat	g	3.2	4.8
of which, saturates	g	0.3	0.4
of which, mono-unsaturates	g	2.1	3.1
of which, polyunsaturates	g	0.6	0.9
of which	0		
α-linolenic Acid (Omega 3) [†]	mg	45	66
Docosahexaenoic Acid (Omega 3) ^{††}	mg	19	29
Linoleic Acid (Omega 6) [†]	mg	507	757
Carbohydrate	g	8.3	12.4
of which, sugars	g	8.3	12.4
Fibre	g	0.03	0.04
of which, 2'-Fucosyllactose (2'FL)	g	26	39
Protein	g	1.1	1.6
Salt* (= Sodium x 2.5)	g	0.08	0.12
Vitamins	0		
Vitamin A	μg	60	90
Vitamin D	μg	1.5	2.3
Vitamin E	mg	1.6	2.4
Vitamin K	μg	5.1	7.6
Vitamin C	mg	11.6	17.3
Thiamin	mg	0.07	0.11
Riboflavin	mg	0.17	0.25
Niacin	mg	0.51	0.8
Vitamin B ₆	mg	0.04	0.07
Folate (DFE)**	μg	19.7	29.4
Vitamin B ₁₂	μg	0.2	0.3
Biotin	μg	1.55	2.3
Pantothenic Acid	mg	0.43	0.6
Minerals			
Sodium	mg	32	48
Potassium	mg	95	142
Chloride	mg	50	75
Calcium	mg	62	92.7
Phosphorus	mg	38	56.4
Magnesium	mg	4.2	6.3
Iron	mg	1.0	1.5
Zinc	mg	0.5	0.8
Copper	mg	0.06	0.08
Manganese	mg	0.02	0.03
Fluoride	mg	≤ 0.01	≤ 0.01
Selenium	μg	3.6	5.4
lodine	μg	13.4	20

Typical fatty acid profile of SMA* PRO Follow-on Milk (Information based on liquid only)

Fatty Acid		Units	Per 100 ml
Saturated			
Capric	C10:0	mg	1
Lauric	C12:0	mg	1
Myristic	C14:0	mg	8
Palmitic	C16:0	mg	162
Stearic	C18:0	mg	90
Arachidic	C20:0	mg	9
Total saturated		g	0.3
Monounsaturated			
Oleic	C18:1	mg	2061
Total monounsaturated		g	2.1
Polyunsaturated			
Linoleic	C18:2	mg	507
Linolenic	C18:3	mg	45
Docosahexaenoic acid (DHA)		mg	19
Total polyunsaturated		g	0.6
Linoleic:linolenic ratio			11.4

Typical amino acid profile of SMA® PRO Follow-on Milk (Information based on liquid only)

Amino Acid	mg per 100 ml		
Essential & Semi-Essential Amino Acids			
Arginine	32		
Cystine	20		
Histidine	31		
Isoleucine	67		
Leucine	124		
Lysine	89		
Methionine	28		
Phenylalanine	80		
Threonine	59		
Tryptophan	25		
Tyrosine	45		
Valine	67		
Other Amino Acids			
Aspartic acid	103		
Serine	60		
Glutamic acid	213		
Proline	85		
Glycine	22		
Alanine	46		

SMA® PRO Follow-on Milk ingredients

Liquid: Water, skimmed <u>MILK</u>, lactose (<u>MILK</u>), vegetable oils (sunflower, rapeseed), whey protein (<u>MILK</u>), whey permeate (<u>MILK</u>), calcium citrate, potassium citrate, emulsifier (<u>SOYA</u> lecithin), calcium chloride, DHA (Oil from the microalgae *Schizochytrium sp.*), sodium phosphate, L-phenylalanine, potassium phosphate, 2'-Fucosyllactose (2'FL), vitamin C, L-isoleucine, L-leucine, magnesium citrate, sodium chloride, L-tryptophan, L-histidine, L-threonine, ferrous sulphate, L-valine, antioxidants (tocopherol-rich extract, ascorbyl palmitate), zinc sulphate, vitamin E, niacin, pantothenic acid, copper sulphate, vitamin A, thiamin, vitamin B₆, magnases sulphate, potassium iodide, folic acid, sodium selenate, vitamin K, vitamin D, biotin, vitamin B₁₂. Halal Certified

Whey:Casein ratio: 60:40

Lactose: 8.3g/100ml Potential Renal Solute Load: 123.3 mOsm/l Osmolality: 354 mOsm/Kg H2O Osmolarity: 319 mOsm/L

* Salt is calculated as sodium x 2.5. 'Beneficial effect of essential fatty acids is obtained with a daily intake of 10 g of linoleic acid and 2 g of α -linolenic acid. #LCP= Long Chain Polyunsaturated fatty acids. **DFE = Dietary Folate Equivalent: 1 µg DFE = 1µg food folate = 0.6µg folic acid from formula

