

Suitable for:

SMA® Follow-on Milk is designed for babies from 6 months onwards to complement the weaning diet.

SMA® Follow-on Milk provides 100% of **Vitamin D** to support the normal function of baby's immune system based on 600 ml daily intake.

Unique multi-fibre blend of **2'FL* & GOS^** which is shown to promote a healthy gut microbiome.¹

Not suitable for:

1. Cows' milk protein intolerance/allergy.
2. Lactose intolerance.
3. Inborn errors of metabolism such as phenylketonuria, galactosaemia and galactokinase deficiency.

Shelf life:

SMA® Follow-on Milk powder has a shelf life of 24 months.



*2'FL (2'-Fucosyllactose): structurally identical human milk oligosaccharides, not sourced from breast milk
^GOS: Galacto-oligosaccharides (a prebiotic)

REFERENCE: 1. Ben XM, *et al.* Low level of galacto-oligosaccharide in infant formula stimulates growth of intestinal Bifidobacteria and Lactobacilli. World J Gastroenterol. 2008;14(42):6564-8.

INFORMATION FOR HEALTHCARE PROFESSIONAL USE ONLY

DATA CARD

SMA® FOLLOW-ON MILK

From 6 months+



- ✓ Halal Certified
- ✓ Contains 2FL* & GOS^

IMPORTANT NOTICE: We believe that breastfeeding is the ideal nutritional start for babies and we fully support the World Health Organization's recommendation of exclusive breastfeeding for the first six months of life followed by the introduction of adequate nutritious complementary foods along with continued breastfeeding up to two years of age. We also recognise that breastfeeding is not always an option for parents. We recommend that healthcare professionals inform parents about the advantages of breastfeeding. If parents choose not to breastfeed, healthcare professionals should inform parents that such a decision can be difficult to reverse and that the introduction of partial bottle-feeding will reduce the supply of breast milk. Parents should consider the social and financial implications of the use of infant formula. As babies grow at different rates, healthcare professionals should advise on the appropriate time for a baby to begin eating complementary foods. Follow-on Milk should always be prepared, used and stored as instructed on the label in order to avoid risks to a baby's health. Follow-on Milk is only suitable for babies over 6 months as part of a mixed diet. It should not be used as a substitute for breast milk during the first 6 months. The decision to start weaning or to use this product before 6 months, should be made only on the advice of a doctor, midwife, health visitor, public health nurse, dietitian or pharmacist, based on baby's individual needs.

sma
Nutrition
Careline

UK 0800 081 81 80
www.smahcp.co.uk

ROI 1800 931 832
www.smahcp.ie

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Nutrition

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Nutrition information for SMA® Follow-on Milk
(based on powder format only)

	Units	Per 100 g powder	Per 100 ml prepared feed	Per 100 kcal
Energy	kJ	2092	280	418.4
	kcal	500	67	100
Fat	g	25.2	3.4	5.03
of which, saturates	g	2.4	0.32	0.48
of which, mono-unsaturates	g	15.7	2.1	3.14
of which, polyunsaturates	g	4.4	0.6	0.88
of which, omega 3				
α-linolenic Acid	mg	340	46	68
Docosahexaenoic Acid	mg	125	17	25
of which, omega 6				
Linoleic Acid	mg	3800	509	760
Carbohydrate	g	58.9	7.9	11.8
of which, sugars	g	57.7	7.7	11.5
of which, lactose	g	57.7	7.7	11.5
of which, galacto-oligosaccharides ⁹	mg	1194	160	239
Fibre	g	1.97	0.26	0.4
of which,				
2'-Fucosyllactose (2'FL)	mg	186	25	37
galacto-oligosaccharides ⁹	mg	1791	240	358
Protein	g	8.5	1.14	1.7
Vitamins				
Vitamin A	µg	460	62	92
Vitamin D	µg	12.5	1.7	2.5
Vitamin E	mg	13.4	1.8	2.68
Vitamin K	µg	38	5	7.6
Vitamin C	mg	93	12.5	18.6
Thiamin	mg	0.5	0.067	0.1
Riboflavin	mg	1.2	0.16	0.24
Niacin	mg	4	0.54	0.8
Vitamin B6	mg	0.3	0.04	0.06
Folate (DFE)**	µg	140	18.8	28
Vitamin B12	µg	1.3	0.17	0.26
Biotin	µg	13	1.74	2.6
Pantothenic Acid	mg	3.2	0.43	0.64
Minerals				
Sodium	mg	255	34	51
Potassium	mg	660	88	132
Chloride	mg	360	48	72
Calcium	mg	490	66	98
Phosphorus	mg	300	40	60
Magnesium	mg	33	4.4	6.6
Iron	mg	7.47	1	1.5
Zinc	mg	3.8	0.51	0.76
Copper	mg	0.39	0.05	0.08
Manganese	mg	0.18	0.02	0.04
Fluoride	mg	≤0.1	≤0.01	0.01
Selenium	µg	25	3.4	5
Iodine	µg	105	14	21

**INFORMATION FOR HEALTHCARE
PROFESSIONAL USE ONLY**

Fatty acid profile of SMA® Follow-on Milk

Fatty Acid		Units	Per 100 ml
Saturated			
Capric	C10:0	mg	1
Lauric	C12:0	mg	1
Myristic	C14:0	mg	7
Palmitic	C16:0	mg	160
Stearic	C18:0	mg	90
Arachidic	C20:0	mg	9
Behenic	C22:0	mg	22
Total saturated		g	0.32
Monounsaturated			
Palmitoleic	C16:1	mg	3
Oleic	C18:1	mg	2085
Total monounsaturated		g	2.1
Polyunsaturated			
Linoleic	C18:2	mg	509
Linolenic	C18:3	mg	46
Docosahexaenoic	C22:6	mg	17
Total polyunsaturated		g	0.6
Linoleic:linolenic ratio			11.1:1

Amino acid profile of SMA® Follow-on Milk

Amino Acid	mg per 100 ml
Essential & Semi-Essential Amino Acids	
Histidine	32
Isoleucine	69
Leucine	125
Lysine	97
Methionine	26
Phenylalanine	78
Threonine	58
Tryptophan	26
Valine	65
Other Amino Acids	
Alanine	45
Arginine	34
Aspartic Acid	104
Cystine	19
Glutamic Acid	220
Glycine	23
Proline	87
Serine	60
Tyrosine	45

**SMA® Follow-on Milk
ingredients**

Skimmed **MILK**, lactose (**MILK**), vegetable oils (sunflower, rapeseed), demineralized whey protein (**MILK**), whey permeate (**MILK**), galacto-oligosaccharides (GOS) (**MILK**), minerals (calcium citrate, sodium phosphate, potassium citrate, potassium chloride, magnesium chloride, potassium phosphate, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, potassium iodide, sodium selenate), amino acids (L-phenylalanine, L-leucine, L-isoleucine, L-tryptophan, L-histidine), emulsifier (**SOYA** lecithin), oil from the microalgae *Schizochytrium sp.* (Docosahexaenoic Acid), acidity regulator (citric acid), 2'-Fucosyllactose (2'FL) (**MILK**), vitamins (vitamin C, vitamin E, niacin, pantothenic acid, thiamin, vitamin A, riboflavin, vitamin B6, folic acid, vitamin K, vitamin D, biotin, vitamin B12), antioxidant (tocopherol-rich extract).

HALAL CERTIFIED. NO PALM OIL. NO FISH OIL

Scoop size: 4.5g

Approx 177 scoops per can (applies to 800 g tin)

Reconstitution rate: 13.4 g powder/100 ml water

Whey:Casein ratio: 60:40

Lactose: 57.7 g/100 g powder

Osmolality: 270 mOsm/kg

Osmolarity: 243 mOsm/L

Renal Solute Load: 14.5 mOsm/100 kcal

Potential Renal Solute Load: 130 mOsm/L

**DFE = Dietary Folate Equivalent: 1 µg DFE = 1 µg food folate = 0.6 µg folic acid from formula
⁹below 3 monomers (monomeric units)
⁰3 monomers (monomeric units) or more

